



## AGREEMENT

In lieu of proceeding to an adjudicatory hearing, the Licensee, the Board and the Department of Attorney General agree to the following:

1. The Licensee's use of patients' names in order to obtain controlled substances for herself constitutes unprofessional conduct and incompetency as defined by 32 M.R.S.A. § 3282-A(E)(1)(F) and (J).

2. The Licensee agrees to accept a **REPRIMAND** as disciplined for her conduct.

3. The Licensee will continue to fully participate in her recovery program with the Committee for Physicians Health ("CPH") of the Medical Society of the State of New York and send copies of all CPH summaries of treatment to the Maine Board. This program includes a regiment of monitoring, individual chemical dependency treatment, group treatment and random urine testing. The Licensee will also have a practice monitor overseeing her practice of medicine as dictated by the CPH. A violation of her agreement with the CPH will constitute a violation of this agreement and may result in further sanctions.

4. The Board has jurisdiction over the Licensee for the actions which form the basis of this complaint and this agreement.

5. The Licensee has been represented by Sharif Mahdavian, Esq., who has participated in the negotiation of the terms of this agreement.

6. The Licensee waives her right to a hearing before the Board or any court regarding all terms and conditions of this Consent Agreement.


**I, EMILY SHEFFER, M.D., HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, I**

WAIVE CERTAIN RIGHTS. I SIGN THIS CONSENT AGREEMENT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND, VERBAL, WRITTEN OR OTHERWISE.


DATED: August 13, 2001   
EMILY SHEFFER, M.D.

STATE OF NEW YORK  
County of New York, S.S.

Personally appeared before me the above-named Emily Sheffer, M.D., and swore to the truth of the foregoing based upon her own personal knowledge, or upon information and belief, and so far as upon information and belief, she believes it to be true.

DATED: 8/13/01   
NOTARY PUBLIC/ATTORNEY  
SHARIF MAHDAVIAN  
Notary Public, State of New York  
No. 021A5024809  
Qualified in New York County  
Commission Expires March 14, 2002

My Commission Expires:  
3/14/02

DATED: 8/13/01   
SHARIF MAHDAVIAN, ESQ.

STATE OF MAINE  
BOARD OF LICENSURE IN MEDICINE

DATED:

9/10/01



EDWARD DAVID, M.D., Chairman

STATE OF MAINE DEPARTMENT  
OF THE ATTORNEY GENERAL

DATED:

9/10/01



RUTH E. McNIFF  
Assistant Attorney General

APPROVED  
EFFECTIVE:

9/10/01